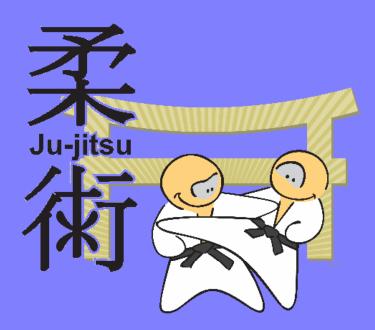


FLANDERS OPEN JU-JITSU 2009



FIGHTING & DUO SYSTEM

OCTOBER 31ST

ON THE TOP TO

November 1st

GENT WWW.FLANDERSOPEN.BE

FLANDERS SPORTS ARENA













FLANDERS OPEN JU-JITSU 31 OCTOBER & 1 NOVEMBER 2009



Program*

Saturday 31 October 2009:

8h30 –9h15 Weighing and registration U10 & U12

10h00 Beginning of competition U10 & U12 (duo & fighting system)

12h00 – 12h45 Weighing and registration U15

13h00 - 14h00 Pause

14h00 Beginning of competition U15 (duo & fighting system)

19h00 – 21h00 Weighing athletes Sunday

Sunday 1 November 2009:

8h00 –9h00 Weighing and registration U18 & U21

10h00 Beginning of competition U18 & U21 (duo & fighting system)

11h45 – 12h15 Weighing and registration seniors (+21) & masters (+35)

12h30 – 13h30 Pause

13h30 Beginning of competition seniors (+21) & masters (+35)

(duo & fighting system)

Categories

Age categories duo-system and fighting system

U10 (born in 2001 – 2000)

U12 (born in 1999 -1998)

U15 (born in 1997-1996-1995)

U18 (born in 1994-1993-1992)

U21 (born in 1991-1990-1989)

Seniors (+21) (born in 1988 and earlier)

Masters (+35) (born in 1974 and earlier)

Weighting categories fighting system

U10, U12 and U15 will be divided in categories on basis of the closest weights.

U18: Men: -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, +81kg

Women: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

U21: Men: -56kg, -62kg, -69kg, -77kg, -85kg, -94kg, +94kg

Women: -49kg, -55kg, -62kg, -70kg, +70kg

Seniors: Men: -62kg, -69kg, -77kg, -85kg, -94kg, +94kg

Women: -55kg, -62kg, -70kg, +70kg

Masters: Men: -62kg, -69kg, -77kg, -85kg, -94kg, +94kg

Women: -55kg, -62kg, -70kg, +70kg

The organiser has the right to combine weighting categories, taking into account the safety of all participants.

^{*} The program is not final, a few days after the final registration date the program will be updated and more detailed on basis of the inscriptions and will be forwarded.

Newcomers - Professionals:

There will be a division (when this is possible) between newcomers and professionals for the age categories U10, U12 and U15.

Newcomer = someone who has participated for a maximum of 2 tournaments for the discipline where he/she subscribes and did not win a gold or silver medal at a national championship. (eg Belgian Championship or Dutch Championship)

For the duo-system apply custom rules for **newcomer**, ie:

- * A pré-attack is not required (not allowed)
- * The numbers of series is the same as in the official Belgium youth rules, beginners choose from each series 2 attacks (from the 5 possible attacks per series), like the official Belgium youth rules for U10 and U12

You can also look at the schedule on the last page.

Participants

The championship is open for all member federations of the JJIF. Participants are born in 2001 or before.

Bring with you:

- ID
- Licence with valid medical examination. (max 1 year old)
- Protection for fighting system (red + bue)
- Red and blue belts
- Bit protection for youth fighters! (U10, U12, U15)

(see official rules for complete list of mandatory and recommended protection at www.vjjf.be)

Rules

The competition rules of the JJIF are valid for the U18, U21, senior and master category. The Belgian rules shall apply to the U10, U12, U15.

Registrations Procedures

Registrations (see attached registrations forms) have to be sent to the secretariat of the Flemish Ju-Jitsu Federation **BEFORE October 16, 2009**.

Registration Fee	Saturday	Sunday
Per fighter / cat.	10 euro	15 euro
Per duo-couple / cat.	15 euro	20 euro

Payment in cash at the registration.

An athlete can be registered in different categories.

With registration of 1 to 4 participants 1 coach has free entrance.

With registration of 5 to 8 participants 2 coaches have free entrance.

With registration of more then 8 participants 3 coaches have free entrance.

(Don't forget to mention the coaches on the registration form!)

Spectators

Entrance: 5 euro (free under 12 years)

Location

Flanders Sports Arena/Topsporthal Vlaanderen Zuiderlaan 14 9000 Gent - Belgium

Location and accessibility:

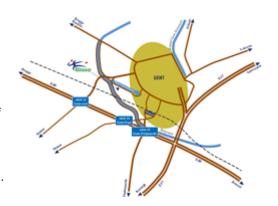
→ With the car:

Highway E-40 Brussel-Oostende

 Exit 13 'Gent West - Drongen' Follow the signposts 'Sport- en Recreatiecentrum Blaarmeersen' On your right-hand side, you will see the Flanders Sports Arena.

Highway E40 Oostende - Brussel

Exit 14 'Gent Expo'. Once you have passed Flanders Expo, at the roundabout, continue straight ahead following the R4 in the direction of Zelzate. Follow the signposts 'Sport- en Recreatiecentrum Blaarmeersen'. On your lefthand side, you will see the Flanders Sports Arena.



→ Using public transport:

Take the train to "Gent St.-Pieters". Take bus 9 direction Mariakerke. Get off at bus stop 'Verenigde Natieslaan', near the 'Europabrug'. Cross the road and take bus 38 or 39. Get off at bus stop 'Recreatiepark Blaarmeersen'.

You can take the train from Brussels National Airport.

www.topsporthal.be

For more information and/or support to plan your travel, please contact the organisers: topsport@vijf.be or 0032 487 50 59 90

Accommodation

www.visitgent.be

For more information and/or support to plan your accommodation, please contact the organisers: topsport@vijf.be or 0032 487 50 59 90

Overview Duo-System:

		pré-min & min U10 & U12	kadetten U15
	# attacks	2	2
beginners	choice / draw	choice	choice
	# series	3	3
	pré-attack?	no	no
professionals	# attacks	2	3
	choice / draw	choice	choice
	# series	3	3
	pré-attack?	no	yes